Dear Nyarai

I'm sorry your boyfriend is no longer nice to you but, regrettably, this often happens with an older, richer man. 'Sugar daddies' like young girlfriends because they are sweet and don't complain. Also, sometimes it is because they think young girls are free of HIV.

But the relationship is not equal, and when the man gets tired of the girl, he starts to break his promises and treat her badly. This is what is happening to you.

Having sex without condoms is very risky and herbs cannot cure HIV – if they could, the *n'anga* (healer) would be very rich indeed. Taking herbs to get rid of pregnancy can be dangerous and may not succeed.

I hope you decide to leave your boyfriend – this relationship cannot make you happy. Try to find a relationship where you are equal and you can say what you want.

Think about your future and how to make your dreams come true. If you learn other skills and earn some money, you can do a modelling course. Models need education too and they usually have other jobs so try to find something you can do to survive.

Auntie Stella

ACTION POINTS

- Look back at the talking points to see what reasons you gave for girls liking sugar daddies. For each one, find a way that girls can get this without getting into danger.
 - For example: money and nice clothes they can...
- ROLEPLAY: In pairs, act out the conversation when Nyarai tells Godfrey she doesn't want to see him any more. What does he do? Afterwards, tell your group what happened and how you each felt when you were acting. What did you learn from the roleplays?
- Some people say that sugar daddies abuse young girls and should be punished. Others think the problem lies with the young girls who are greedy and go with sugar daddies in order to get luxuries. What do you think?
- In pairs or with your small groups, make up a song to show your ideas about sugar daddies. Arrange a time to sing it to the whole group.